

# GRIEF-INFORMED TRAINING SERIES

OFFERED BY LIFT FROM LOSS TRAINING INSTITUTE

## OVERVIEW:

This continuing education seminar series will focus on the ways in which death can affect children, teens, and adults, and how grief can be experienced across the lifespan. You will learn practical strategies for providing compassionate and effective grief support both individually and within a community-based organization as well as multicultural/diversity issues and personal self-care as it relates to grief. Attendees will also learn more about Children's Bereavement Center and Lift From Loss adult programming which offers free-of-cost grief support group services to the community.



### SESSION 1

What is Grief and  
How Can We Support  
a Grieving Individual?



### SESSION 2

Spotlight on  
Traumatic Grief



### SESSION 3

Interventions and  
Strategies to Providing  
Compassionate Grief  
Support

\* School specific considerations  
when student/staff member dies



### SESSION 4

Self-Care and  
Personal Trauma  
Stewardship

## YOU WILL RECEIVE:

- Access to seminar materials and digital resources for one year after registration.
- Live Office Hours on Zoom with CBC Programming Staff for each training session module.
- Grief-Informed Training Certificate of Completion for those who complete all four professional development sessions and additional office hours as required.
- Continuing education credits (up to 10 CEs) provided to licensed mental health professionals in the State of Florida and licensed psychologists nationally.

## FORMAT:

Flexible schedule with On-Demand and live interactive online options

**\$450 PER TRAINEE**

Contact us to see if you qualify for FREE training; limited spots available for qualified mental health professionals and nonprofits



**REGISTER**