

# GRIEF-INFORMED TRAINING SERIES

## OVERVIEW:

This continuing education seminar series will focus on the ways in which death can affect children, teens, and adults, and how grief can be experienced across the lifespan. You will learn practical strategies for providing compassionate and effective grief support both individually and within a community-based organization as well as multicultural/diversity issues and personal self-care as it relates to grief. Attendees will also learn more about Children's Bereavement Center and Lift From Loss adult programming which offers free-of-cost grief support group services to the community.



### SESSION 1

What is Grief and How  
Can We Support a  
Grieving Individual?



### SESSION 2

Spotlight on  
Traumatic Grief



### SESSION 3

Interventions and  
Strategies to Providing  
Compassionate  
Grief Support  
OR - School Specific  
Considerations When  
Student/Staff Member Dies



### SESSION 4

Self-Care and  
Personal Trauma  
Stewardship

## YOU WILL RECEIVE:

- Access to seminar materials and digital resources for one year after registration.
- Live Office Hours on Zoom with CBC Programming Staff for each training session module.
- Grief-Informed Training Certificate of Completion for those who complete all four professional development sessions and additional office hours as required.
- Continuing education credits (up to 10 CEs) provided to licensed mental health professionals in the State of Florida and licensed psychologists nationally.

## FORMAT:

Flexible schedule with On-Demand and live interactive online options

**\$450 PER TRAINEE**

Contact us to see if you qualify for FREE training; limited spots available for qualified mental health professionals and nonprofits



**REGISTER**

## YOUR ROAD TO BECOMING GRIEF-INFORMED

### ON-DEMAND TRAINING TRACK



Access available on the **first of each month** after registration



Complete sessions 1-4 on-demand via the Teachable platform. Sessions are **self-paced**



**Two** live office hours are required which are offered on a monthly basis via Zoom



Retake sessions **as needed**

### LIVE ON ZOOM TRAINING TRACK



Access to training materials is available after registration via the Teachable platform



Complete sessions 1 - 4 live online via Zoom. Sessions are interactive and offered on a rotating basis, restarting **every two months**



**No** additional office hours are required



**Make-up sessions** are available after each cycle, but must be completed sequentially



RECEIVE YOUR  
CERTIFICATE OF  
COMPLETION