

ABOUT US

Children's Bereavement Center (CBC) was founded in Miami in 1999 and is a non-profit, community organization providing FREE grief peer support groups for children, teens and adults. Groups and services are available across South Florida and online nationwide.

CBC also provides grief education and training for educators, healthcare workers and community professionals while continuing grief research and providing grief resources for all.



FREE GRIEF SUPPORT GROUPS

- **All peer grief support groups are FREE**
- Groups for all ages (4+) separated into peer groups and adults
- Registration for groups is required and available ongoing
- Co-facilitated by mental health professionals and trained volunteers
- Activities include music and art activities and Candle Lighting Ceremonies
- Groups meet in the evenings every week, all year-round
- Participants decide how long they wish to participate
- Open to anyone who has lost someone as a result of illness, accident, suicide or homicide
- Dedicated Perinatal & Infant Loss Groups and Child Loss group for parents and caregivers who have lost a child of any age
- Spanish and Haitian Creole language groups for adults available



EDUCATION & TRAINING

- The Lift From Loss Training Institute provides grief education and consultation services for professionals at schools, hospitals, hospices and community agencies
- 150+ Volunteers Trained annually
- 10,000 Impacted through our Education and Training



EVALUATION & RESEARCH

- The CBC conducts ongoing research and program evaluation to ensure the success of our peer support groups.

LEARN MORE: 888-988-5438, INFO@LIFTFROMLOSS.ORG



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