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Staying in touch and strengthening support...

CBC's Touchstones

a newsletter for friends of the Children's Bereavement Center
October 2013 Digital Version

Register now for CBC's Steps for Healing 5K... it's the perfect event for your family and friends!

Join us at Zoo Miami, November 23rd, for a day of fun and support for the Children's Bereavement Center. Race participants enjoy zoo admission for the day, breakfast - complete with bagels, fruit, coffee, dessert crepes, donuts and more, and face painting for kids! Come run/walk with us to support the children and families of the CBC.

Registration opens at **7 am**; Race begins at **8 am**

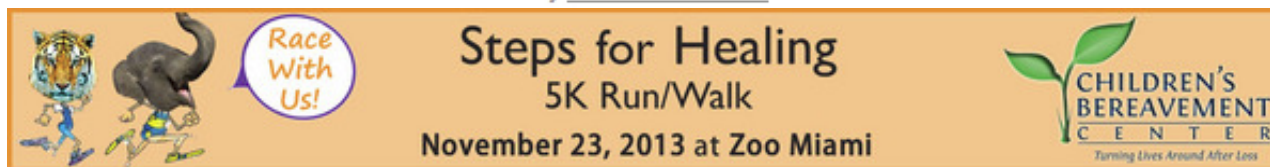
Students also receive community service for participation!

For registration help, contact jenny@childbereavement.org.



[Register Now](#) ▶

by ACTIVE Network



“Secondary” Losses

The death of a loved one is particularly difficult. For children especially, the adjustment to the death of “Mom”, “Dad”, “Papa”, “Abuela” or any primary attachment figure can affect them on many levels. Obviously, the principal loss may be the relationship itself, but we should not forget all of the other areas of life that are impacted by a death. We call these, “secondary losses” and they can be equally significant in the experience of grieving children.

Imagine for a moment that Johnny’s father has died. Johnny is only 5 years old and we may mistakenly assume that his attachment to his father is not firmly established or as strong as that of an older sibling. Even a young child can miss the bond developed with a significant caregiver. Often however, it is the “secondary” loss issues that they respond to most strongly. [\(continue reading article\)](#)

Recent Blog Posts

[One Last Dance](#)

A young lady throws a groom-less wedding in order to have her Father-Daughter dance.



Where's Daddy

A touching letter we received from a participant who lost her husband when her daughter was only two.



Don't ignore grief. If you, or someone you know, has experienced a significant death, our **Free Peer Support Groups** offer participants the chance to share their loss, normalize their experience and connect with others in similar situations. We offer weekly groups at locations in Miami-Dade and Broward for kids, teens, adults, and their families. Pizza is provided, and did we mention Groups are **Free**? Give us a call today, 305-668-4902.

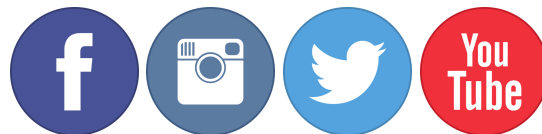


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Children's Bereavement Center
7600 S Red Road
Suite 307
South Miami, Florida 33143
US

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