Children's Bereavement Center 25 YEARS

OVER THE YEARS

Lift From Loss

1999

Children's Bereavement Center was founded by Dr. Mindy Cassel and Dr. Carol Berns as the only ongoing, comprehensive bereavement center providing free peer support groups to grieving children and families in South Florida

1999-2000

First CBC Family Group begins with eight children from five families at Alper JCC Miami

2000

100 participants attending groups

2000-2002

Groups move from JCC to Gulliver for more space

2002

First official site location opens at Ransom Everglades School Upper Campus in Coconut Grove

2003

Rockin' on the Green's inaugural event held at Fairchild Tropical Botanic Garden.

"Rachel's Race" created by Rachel Dubow as a Mitzvah Project to benefit CBC through the Brent Hershman Memorial Fund

2006

New **Spanish-language groups for adults** launched

2007

Rachel's brother Brian joined with Rachel, renaming it **"The Race"**

2009

LIFT FROM LOSS
Easing the Burden of Grief

Lift from Loss, a subsidiary of the CBC formed for young adults to meet on the University of Miami Campus in Coral Gables

2010

New **Lift from Loss Adult Group** begins at Temple Judea in Coral Gables

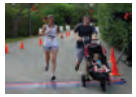
2011

New Family Site opens at Miami Country Day School in Miami Shores

Steps for Healing 5K began after its initial inception as Rachel's Race in 2003 and hosted at FIU North Miami

2012

Steps for Healing 5K moved to Zoo Miami



New Family Site opens at Nova Southeastern University in Fort Lauderdale

2014

Lift From Loss Adult Group begins at Temple Beth Sholom in Miami Beach

2015-2016

New Family site at Miami Christian School in Doral then moved to Belen Jesuit Preparatory School

2016

Groups held in **3** private schools, **2** universities, **2** synagogues

2017

New site opens at Franklin Academy Preparatory School in Palm Beach County

2018

New Family site opens at Heron Heights Elementary School in Parkland

2019

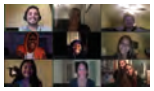
Lunch & Learn grief education training series for community professionals launched at Lotus House Women's Shelter in Overtown

Palm Beach County site moved to Saint Andrews School, Boca Raton

2020

All groups moved online due to COVID-19 Pandemic

Perinatal & Infant Loss Group launched



2021

First CBC Community Pop-Up event held at Miami Children's Museum

2022

Launched **Grief-Informed Training Series** for Miami-Dade County Schools mental health staff

2023

Spanish Perinatal & Infant Loss Group launched

Child Loss Groups in English for Adults launched

First **Connect & Remember Together** events held in two counties

2024

Child Loss Groups in Spanish for Adults launched

New **Haitian Creole-language Group for Adults** launched