



# Seeking Community Volunteers for Parkland Grief Support Groups

The Children's Bereavement Center (CBC) and Lift from Loss (LFL), in partnership with VITAS Healthcare, offer free of cost peer grief support groups for children, families, and adults after the loss of a loved one.

## As a Support Group Volunteer you will:

- Co-Facilitate grief support groups, alongside a mental health professional, Monday evenings at Heron Heights Elementary School from 6:30 – 9:30 p.m.
- Obtain training and education on childhood grief and bereavement
- Participate in one hour supervision debriefing sessions after support group meetings

## Together in our groups we...

- Build Resilience
- Strengthen Families
- Inspire Optimism
- Restore Hope
- Instill Renewed Purpose in Life
- Develop Coping Strategies



The CBC and LFL are a child, family, and adult resource for grieving children, families, and adults, providing free peer support groups for 19 years in South Florida. We have 9 sites in the tri-county area and serve over 1,500 participants annually.

*Our mission is the ongoing, long-term support of children, families, and adults in the aftermath of traumatic loss.*

To register as a volunteer or obtain additional information, please email [program@childbereavement.org](mailto:program@childbereavement.org) or visit [www.childbereavement.org](http://www.childbereavement.org)